



RULES & REGULATIONS

RACING TEAMS

Teams shall consist of one rider, four runners/pushers and one alternate.

All team members must be at least 16 years of age.

Teams will compete for speed and décor.

All entries must be tastefully decorated in a theme appropriate for youth viewing.

ENTRY FEES

There is a non-refundable entry fee of \$181, made payable to the JSHOFNC. Additionally, each team is encouraged to seek pledges to boost their entry fee amount.

SAFETY

All racers **MUST** sign the Waiver of Liability and Indemnity Release.

Racers are responsible for their own insurance.

All runners/pushers should wear athletic shoes suitable for street running.

Safety gear to avoid hazards is recommended.

The use of helmets, kneepads, and/or elbow pads is strongly encouraged for all participants.

PREPARATION

Each team will be allowed ten minutes to decorate their race bed (the bed and shell provided by race organizers).

Teams will be judged immediately before their first race, with results announced at the conclusion of the event.

DURING THE RACE

Bed riders must sit or lay flat on the bed; standing is not permitted; riders must be on the bed at all times.

Except for the nominated passenger, any riding of the bed is strictly prohibited.

All runners/pushers must be in control of the bed until it comes to a complete stop.

Teams may rotate their passengers and riders from race to race, but may not change positions during a race heat.

Teams will be penalized for interfering or impeding the progress of an opposing team with a five to twenty second penalty as determined by the panel of judges.

Any determination which cannot be made by the panel of judges will be decided by the Grand Race Marshal.

THE COMPETITION

Teams with entry fees exceeding \$181, as a result of donor pledges, shall be ranked in accordance with the total income generated, and will likely earn a bye into the second round.

Teams will compete in heats for three or four teams.

Winners will advance to the next round.

Second and third place finishers in their respective heats remain eligible as a function of their time(s).

Speed Awards will be given to the top three finishers for entire competition.

Additional awards will be given for the following:

Golden Spring Award – best bed design determined by our panel of judges.

Most Outrageous – not necessarily pretty, but definitely memorable.

Broken Spring Award – “what were they thinking?”

King Coil Award – merit award to the team that raises the largest donation.

Peoples Choice Award – as determined by the public on the day of the race.

For rules clarification:
408-374-1600 or email gary@jshofnc.org